

THE SALTY DOG CAFE

lunch menu

Serving 11 am - 4 pm Daily

SETTING SAIL

Sake's Hush Puppies

Fresh handmade sweet cornbread bites fried to a golden brown and served with our homemade honey butter. We cooked up over a zillion of these puppies last year. 5.99

Peel & Eat Shrimp

Wild American peel and eat shrimp, chilled and covered in Captain John's secret spices. Served with fresh lemon and our homemade cocktail sauce. Natural and delicious.
¼ lb 5.99 • ½ lb 10.99 • 1lb 19.99

Southern Sushi

It's Chef Herb's latest creation... BBQ rubbed tuna, seared and served rare with a little coleslaw and soy BBQ drizzle. This classic has been a staple since... today! It's new, so let us know what you think. 8.99

Fresh Fish Bites

A generous portion of our fresh, bite sized fresh catch of the day, fried and served with our homemade remoulade sauce. These bites are off the hook! 8.99

Lowcountry Crab Dip

A creamy blend of blue crab, herbs and spices. Served chilled with our homemade pita chips. Don't be shellfish, this dip is meant to be shared. 8.99

Sake's Famous Shrimp Toast

A Salty Dog classic since the early days. Wild American shrimp blended with shredded Jack and Cheddar cheese blend, garlic and spices. Served melted over a toasted hoagie roll. Cheers to our toast, it isn't just for breakfast! 7.99

Fresh GARDEN SALADS

The Cafe Garden Salad

Fresh mixed greens and Romaine topped with cucumber, carrot, tomato and croutons. 6.99

Top with Cheddar - Add .75

Choice of dressings- Balsamic Vinaigrette, Chunky Blue Cheese, Buttermilk Ranch, Honey Dijon Mustard, Raspberry Walnut Vinaigrette and Classic Caesar.

with Chicken - Add 4.99

with Shrimp - Add 5.99

with Fresh Catch
Grilled or Blackened -
Market Price

The Classic Caesar Salad

Crisp Romaine tossed with croutons and our Caesar dressing, topped with Parmesan cheese. 6.99

with Chicken - Add 4.99

with Shrimp - Add 5.99

with Fresh Catch
Grilled or Blackened -
Market Price

Homemade SOUPS

Made Fresh Daily

Shrimpfest Gumbo

We celebrate the local shrimp season each year October thru December, but had to keep this special around all year long. We take our time simmering shrimp and sausage with Cajun spices and serve it with a little rice & a whole lotta love.
Cup 4.50 • Bowl 5.99

She Crab Soup

A creamy favorite that is legendary at this point. Tender crab hunks in a creamy broth that is enjoyed no matter what time of year. We give it 3 thumbs up.
Cup 4.50 • Bowl 5.99

SALAD OR SANDWICH?

Sandwiches include your choice of chips, coleslaw, potato salad or fruit.

Calibogue Shrimp Salad

The salad that started it all. Since 1987 we've been blending this salad up with shrimp and spices into a creamy masterpiece. Have it served on a bed of lettuce topped with tomato, onion and cucumber or as a sandwich on white, wheat or wheat wrap. Either way, it's delicious. 9.99

Try it on a pretzel roll - Add .99

Sake's Chicken Salad

Our signature chicken salad combines fresh diced chicken breast, celery, onion and spices. Have it served on a bed of lettuce topped with tomato, onion and cucumber or as a sandwich on white, wheat or wheat wrap. So good, it'll have you cackling for more. 9.99

Try it on a pretzel roll - Add .99

Salty Dog Combo

Choose half a chicken or shrimp salad sandwich and a cup of she crab soup or gumbo. Served with your choice of chips, coleslaw, potato salad or fruit. Delicious, nutritious and judicious. 9.99

Add fries 1.50

GARDEN SECTION

Black Bean Burger Basket

Homemade black bean patty grilled to perfection and served on a toasted Kaiser roll with lettuce, tomato and onion. Served with a pickle spear and choice of kettle chips, potato salad, coleslaw or seasonal fresh fruit. Sub fries \$1.50. Big 'ole burger, little 'ole guilt! 8.99

Veggie Penne Pasta

Penne pasta topped with sautéed seasonal vegetables and served with your choice of creamy Alfredo or marinara. Fresh from the garden out back. 9.99

SALTY DOG LUNCH BASKETS

Served with thick cut fries.

Prime Burger Basket

A half-pound prime beef hamburger grilled over an open flame and served with lettuce, tomato and onion on a toasted Kaiser Roll. A kosher dill pickle too! 9.99

Top with American, Cheddar or Swiss .75

Add Hickory smoked bacon 1.50

WARNING- If you eat the whole thing you might not have room for dessert!

Jake Dog Basket

A 1/4 pound Hebrew National jumbo hot dog grilled and served with choice of onions and/or sauerkraut and a dill pickle spear. A real good dog! 7.99

Top with American, Cheddar or Swiss .75

Add Hickory smoked bacon or Chef's Chili 1.50

Chicken Strip Basket

We can stack these chicken strips up against any others and always come out on top! Fresh hand-breaded chicken tenders served with choice of Honey Mustard or Herbie's BBQ Sauce. These are real chicken fingers you're bound to flip for! 8.99

Fried Shrimp Basket

A generous portion of big 'ole American shrimp, fried golden brown and served with our homemade cocktail sauce. Our shrimp are red, white and blue - through & through! 11.99

Fish and Chips

Southern style fried flounder, served traditionally with fries, malt vinegar, lemon wedge and a side of Captain John's famous tartar sauce. Jolly good! 11.99

SIDES

Coleslaw	2.99
Fresh Cut Fruit	2.99
Potato Salad	2.99
Potato Chips	1.50
Basket of Fries	3.99

Key Lime Pie

The taste of Key West in Hilton Head. Made fresh daily with real key lime juice, and our own graham cracker crust. Sweet and tart, our key lime pie is the best around. 5.99

Add a scoop of vanilla ice cream for 2.00

Peanut Butter Cup Pie

A giant slice of peanut butter silk filling, chocolate crust and Reese's Peanut Butter cup topping. Ask about our low calorie option...and we'll get back to you! 5.99

Add a scoop of vanilla ice cream for 2.00



We proudly serve
Hilton Head Ice Cream

SALTY DOG ORIGINALS

Choice of kettle chips, potato salad, coleslaw or seasonal fresh fruit. Sub fries \$1.50

Salty Dog Po' Boy

Our take on the Louisiana classic. Choice of fresh fish or shrimp fried golden brown and served with lettuce and tomato on a toasted hoagie roll with our homemade remoulade sauce. 10.99

Bar-B-Que Pork Sandwich

Not much for a name, huh? We'll let our guests eventually name this one. Slow and low pulled pork, coleslaw and Chef Herb's BBQ sauce served on a toasted pretzel roll.

E-mail our Chef at Herb@saltydog.com and he'll pick a winner. 8.99

Cheesy Shrimp or Chicken

Choose chicken or shrimp and we'll sauté it with garlic, green peppers and onions. Served on a long roll with melted Provolone. 10.99

Want a Cheesy Steak? Add an additional 3.99 and we'll make it with hand cut sirloin.

Grouper Dog

Grouper fried to a golden brown & smothered with Swiss cheese. Served on a toasted hoagie roll with a side of Captain John's tartar sauce.

This classic is here to stay. 12.99

ON THE BUN

Salty Dog sandwiches are served with lettuce, tomato, onion, pickle spear and choice of kettle chips, potato salad, coleslaw or seasonal fresh fruit. Substitute fries 1.50.

Grilled Chicken Sandwich

Seasoned and grilled chicken breast served on a toasted Kaiser roll. 8.99

Top with American, Cheddar or Swiss .75

with Hickory smoked bacon 1.50

Add Love: No Charge.

Crab Cake Sandwich

Our freshly prepared Maryland-Style crab cake is 100% premium lump crabmeat - the best that you can get! It is served on a toasted Kaiser roll with our homemade remoulade. Be prepared to walk sideways when you're finished! 12.99

Fresh Catch Sandwich

We find the freshest fish available for this sandwich. Local fresh options are Mahi Mahi, Swordfish, Wahoo and Cobia. Your server will let you know what's available today. Choose grilled or blackened. Served on a toasted Kaiser roll. If eating fish makes you smarter, this sandwich will make you a genius! Market Price

Fried Flounder Sandwich

A fish sandwich with fried flounder & Captain John's Tartar Sauce served on a toasted Kaiser Roll. 11.99

Top with American, Cheddar or Swiss .75. Simply delicious.